

## **RESOLUTION OF THE INTERNATIONAL SCIENTIFIC AND PRACTICAL CONFERENCE “NOMADS: HISTORY, KNOWLEDGE, LESSONS”**

As part of the 5<sup>th</sup> World Nomad Games (hereafter WNG), an International Scientific and Practical Conference entitled "Nomads: History, Knowledge, Lessons" was held on the basis of the National Museum in Astana, Republic of Kazakhstan from September 9 to 11, 2024.

The aim of the Conference was to organize an international team of scientists and experts who are willing to exchange and discuss the challenges related to the heritage of the Steppe Civilization, its culture, nutrition system and traditional types of competitions.

The Conference was organized by:

- Organizing Committee of the 5<sup>th</sup> World Nomad Games;
- Institute of State History of the Committee of Science of the Ministry of Science and Higher Education of the Republic of Kazakhstan;
- Academy of Physical Education and Mass Sports.

More than 70 scientists, experts and specialists, who represent research institutions, educational centers and public organizations of Kazakhstan, countries from CIS and outside the CIS took part in the Conference. The geography of the participants covers such countries as Azerbaijan, Belarus, Great Britain, Kazakhstan, China, South Korea, Kyrgyzstan, Mongolia, Portugal, Russia (Bashkortostan, Buryatia, Kalmykia, Tuva, Yakutia), the USA, Turkey, Uzbekistan and France.

The Conference covered a wide range of topics in the following areas: "History and Culture", "Sport Science", "Nutrition of the Nomads in Central Asia". There was also a special session "Traditional archery as a shared cultural heritage", organized with the support of UNESCO ICHAP (South Korea and Kazakhstan). A total of 75 reports were presented at the conference during the plenary and sectional sessions.

### **Summing up the results of the conference, the participants noted:**

- the cultural and historical significance of the World Nomad Games, which had been included in the nomination "**World Nomad Games: rediscovering heritage, celebrating diversity**" for the UNESCO Representative List of the Intangible Cultural Heritage of Humanity in December, 2021, the international prestige and significance of the World Nomad Games in the regeneration, development and preservation of ethnocultures, as well as the identity of ethnic groups and indigenous peoples, upbringing of tolerant relationships between ethnic groups and peoples;
- the development of national sports contributes to the solution of a set of tasks not only in the sports and health spheres, but also in the patriotic, national and cultural education;
- the basic principles of Nomads` nutrition are an integral part for many ethnic groups in the era of the rapid spread of the unified global urban culture.

Nomads` nutrition presents a variety of subpatterns, the study of which will enrich knowledge about food preferences and ration of different peoples and ethnic groups.

Taking into account the accession of the Republic of Kazakhstan to the International Convention on October 17, 2003, for the “Safeguarding of the Intangible Cultural Heritage”, ratified by the Law of the Republic of Kazakhstan on December 21, 2011.

**Following the results of the conference, the participants made a number of proposals and recommendations:**

- to intensify work on the development of the national law in the Republic of Kazakhstan, aimed at preserving and developing intangible cultural heritage taking into account the provisions of the International Convention for the Safeguarding of the Intangible Cultural Heritage of UNESCO, 2003;

- to consider a possibility of creating an Institute of Heritage in the Republic of Kazakhstan for the comprehensive and large-scale work, aimed at preserving the historical, cultural and intangible cultural heritage of the peoples of Kazakhstan;

- to consider a possibility of establishing a National Research Institute of Sports for the further development and popularization of sport science and national sports in the Republic of Kazakhstan;

- to consider a possibility of allocating separate grant funding for research projects in nutrition and sport sciences in order to expand the scope of capabilities within the scientific community of the Republic of Kazakhstan, in particular for conducting fundamental and applied research on national sports in the framework of the Ministry of Science and Higher Education, Ministry of Tourism and Sports of the Republic of Kazakhstan;

- to expand professional contacts with sports training centers, sport schools and universities that train specialists in the field of physical education and sports, for the joint development of educational programs, training modules, textbooks, study guides, as well as the implementation of research projects in the national sports framework;

- to continue work on studying, developing and finding ways to increase the motivation of various categories of the population to engage in national sports;

- to strengthen the role of professional and pedagogical training of specialists, taking into account current challenges of physical education and sports;

- to consider the adoption of the unified international rules for the sports, which are included in the World Nomad Games competitions;

- to recommend the creation of a cluster system for the production of mare's milk to provide nutritional support within fermented milk nutrients to all segments of the population;

- to increase the number of eco-farms for the development of equestrian tourist and health complexes, using the traditional and sublimed forms of Kumis and Shubat in all regions of the Republic of Kazakhstan;

- to include an additional elective course on the medical, dietary, preventive and immunostimulating properties of Nomads` nutrition (mare and camel milk,

saumal, horse meat products, etc.) in the educational program of higher healthcare educational institutions;

– to organize a mandatory scientific and educational program in accordance with the unanimity of the sport, cultural and scientific programs of the World Nomad Games, the content of which should present a series of scientific conferences at the international, national and regional levels, as well as educational programs aimed at popularizing the traditional culture of Nomads and increasing awareness of the population, especially younger generation, about World Nomad Games and traditional nomadic culture;

The Conference participants were unanimous in their desire to strengthen and expand international cultural, scientific and sports ties; underlined the high scientific level and good organization of the Conference; expressed gratitude to the Organizing Committee of the 5<sup>th</sup> World Nomad Games, Ministry of Science and Higher Education of the Republic of Kazakhstan, Ministry of Tourism and Sports of the Republic of Kazakhstan, National Museum of the Republic of Kazakhstan, Institute of State History of the Committee of Science of the Ministry of Science and Higher Education of the Republic of Kazakhstan, Academy of Physical Education and Mass Sports, as well as volunteers and representatives of the media.